

Ohio Massage Therapy Education Conference
Massage Continuing Education Day
Saturday, July 30, 2016

MORNING CLASS SELECTIONS (participants choose one):

8:30am-10:00am
SALON B

MESSAGE THERAPY LICENSURE PROCESS AND UPDATES

Presented by Chantel Scott, Chief Administrative Officer of State Medical Board
Sponsored by the State Medical Board of Ohio

Class will include an overview and “tips” on the Medical Board licensure process including current ruling for schools and instructors of Ohio. How the law-making process works will be presented (time, steps, and who is involved) along with recent changes in the MT ruling or changes in process by the time of the conference in July.

11:00am-12:00pm
SALON B

STROLL THROUGH THE SCOPE OF PRACTICE AND OTHER SCARY PLACES

Presented by Richard Greely
Sponsored by OCMTS

(OHIO LAW AND ETHICS ARE ONE COMBINED SELECTION)

This course will take a look at the current Scope of Practice for Massage Therapy in the State of Ohio. We will also look at other areas of the statute and rules that apply to the Massage Therapy Licensee

8:30am-11:30am
PAVILION

**ALTERNATIVE HEALTH PRACTICES FOR THE MESSAGE THERAPIST:
Incorporating aspects of Qigong, Tai Chi, Yoga, and Acupressure**

Presented by Shane Lear, LMT
Sponsored by Dayan Arts Organization

Participants should come prepared to be introduced to these various forms of healing modalities.
YOGA MAT AND COMFORTABLE CLOTHES REQUIRED.

9:00am-12:00pm
SALON C

INTEGRATIVE HEALTH FOR INTEGRATIVE CARE

Presented by Stacey Kent
Sponsored by American Institute of Alternative Medicine

Come together to learn how to approach the entire client – mind, body and spirit. This presentation can expand the understanding and utilization of holistic therapies in the medical community and within a massage therapy practice. “What” Integrative Health Care really is and “How” it can be incorporated into your own practice will be addressed. Don’t miss learning more about this growing option for special client care!

9:00am-12:00pm
BALLROOM 4

A THERAPEUTIC APPROACH TO STONE MASSAGE: Treating Neck and Face

Presented by Dale Montelione Grust, LMT
Sponsored by Corestones, LLC

This comprehensive training will explore the muscles most commonly involved in headaches and neck/face tension – including sinus pain and TMJD. Treatment of neck muscles including precautions will be covered. In addition, participants will learn to work with facial muscles, paying particular attention to the temporalis and masseter (TMJ). Stones will be used around the orbit of the eye for therapeutic treatment. Use of stones for myofascial release will be demonstrated, including deep work and proper use of hot or cold stones without causing tissue damage is shown. Class also includes safety, how to clean stones, trigger point work, and how to incorporate hot stone techniques into a client session.

MESSAGE TABLE AND BOLSTER REQUIRED (1 PER TWO PARTICIPANTS)

12:00pm-1:00pm

LUNCH BREAK (event does NOT provide lunch)/VENDORS HALL

AFTERNOON CLASS SELECTIONS (participants choose one):

1:00pm-4:00pm

SALON C

CLINICAL AROMATHERAPY: An Integrative Model for the Massage Therapist

Presented by Patti McCormick, RN, PHD

Sponsored by Institute of Holistic Leadership

While essential oils and massage go “hand in hand”, there is a clinical science behind the use of essential oils that the massage therapist must know. Many essential oils are not safe for children; and many are not safe for pregnant women or woman dealing with estrogen specific cancers. It is important the massage therapist is fully aware of the indications and contraindications of the essential oils they use, all address in this presentation. This class will also include information on blending formulas specific to massage and discuss the client consent/release that should be signed in aromatherapy. Additional information on creating a model that increases the massage therapist’s income with essential oils will be presented.

1:00pm-4:00pm

PAVILION

PRINCIPALS OF SPORTS MASSAGE

Presented by Michael McGillicuddy

Sponsored by Performance Health

In this presentation you will learn the basic principles of sports massage so you know what sports massage is, when to apply it, why you apply it and what you apply at any given time you work with an athlete. Come observe a fun presentation with a demonstration of sports massage techniques.

MASSAGE TABLE (1 PER TWO PARTICIPANTS), SET OF SHEETS AND BOLSTER REQUIRED.

1:30pm-3:30pm

SALON B

PATHO-PHARMA MASHUP!

Presented by Virginia Johnson

Sponsored by Northcoast Medical Training Academy

Have fun in this interactive presentation. How to identify side effects of major conditions that massage therapy clients bring to the table, as well as the side effects of the medications taken for those conditions. Learn what resources are at your fingertips to quickly acquire this information and what adjustments need to be made for your clients prior to the session. Be safe AND effective. This is a “must have” for ANY therapist – or for an instructor who would like to teach this process to students.

LAPTOP WITH INTERNET CAPABILITY SUGGESTED AND YOUR “GO TO” PATHOLOGY BOOK!

1:30pm-3:30pm

BALLROOM 4

PILLOSSAGE CERVICAL SEQUENCE – A Gentle Approach to Neck Massage

Presented by Tzuling Kuo

Sponsored by Mother Earth Pillows

This class is all about thermal therapy for the neck region. Included is a basic science and foundational lecture of thermal therapy and application in massage. Using heated flax seed pillows by Mother Earth Pillows, participants will learn and experience a complete cervical routine that addresses the most common neck complaints while fully clothes and without using lubricant. This is a more comfortable way to address the neck while promoting easy retail sales.

MASSAGE TABLE AND BOLSTER REQUIRED (1 PER TWO PARTICIPANTS).

5:30pm

CLOSING OF CONFERENCE / TEAR DOWN FOR VENDORS